

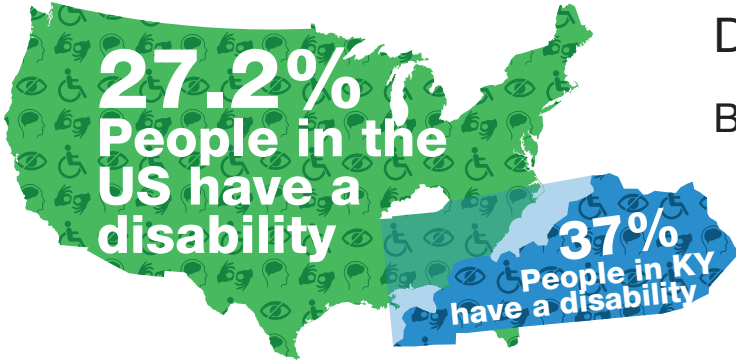
HEALTH & DISABILITY

People in Kentucky experience higher rates of disability and chronic health conditions. Studies show that people with disabilities are more likely to experience poorer health outcomes, including lack of access to adequate healthcare and increased risk of preventable health problems. These health disparities are often the result of physical, attitudinal, communication, information, and financial barriers.

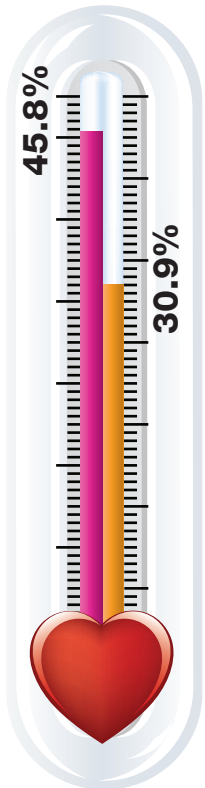
Disability does **NOT** mean unhealthy.

Being healthy means:

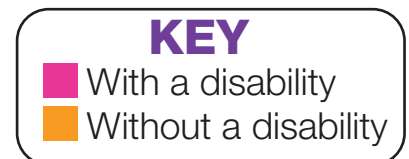
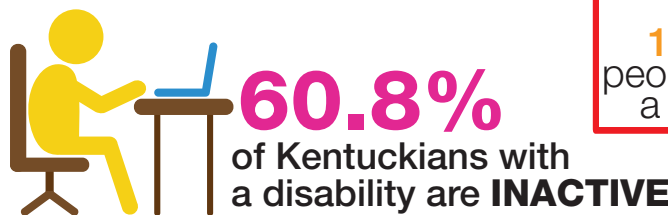
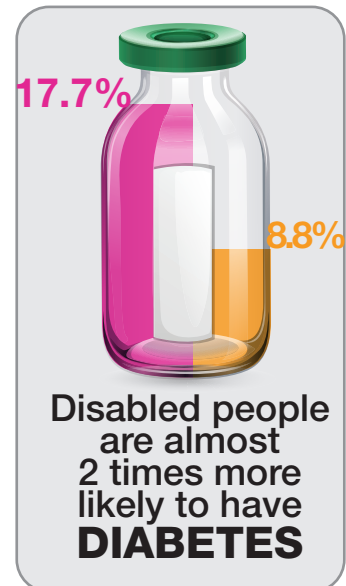
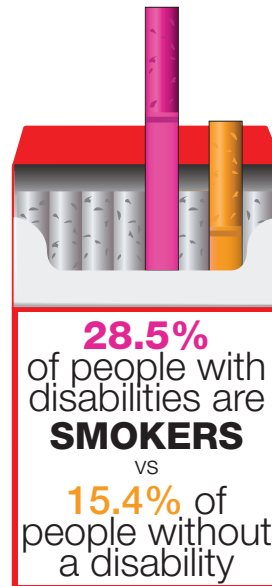
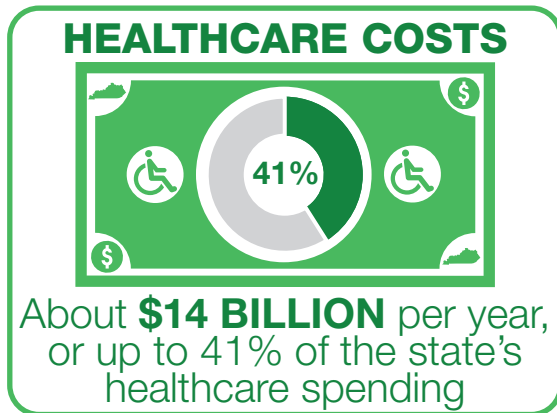
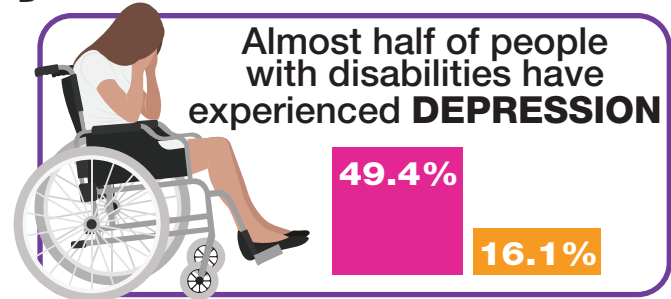
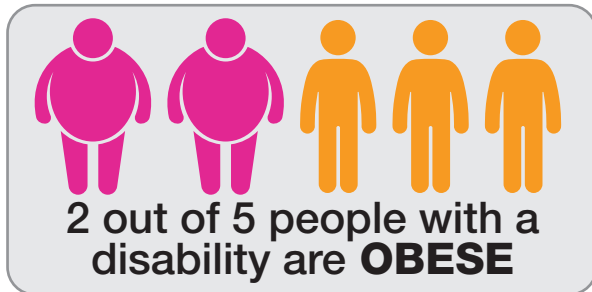
- Leading full, active lives
- Having tools and information to make healthy choices
- Access to health care that meets the needs of the whole person



In Kentucky...



Almost half of people with disabilities have **HIGH BLOOD PRESSURE**



www.wellness4ky.org